



Adventures in ECUADOR: A Timmy Foundation Medical Mission

Presented by
Rene Roberts, MS4
Indiana University School of Medicine
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The Timmy Foundation

- ✿ Founded 1997

- ✿ Dr. Charles Dietzen

 - ✿ Indianapolis based Pediatric PM&R

- ✿ Passion for serving children in international settings (Ecuador, Guatemala, Nigeria)



Quito, Ecuador

December 28, 2010 - January 5, 2011

QuickTime™ and a
decompressor
are needed to see this picture.

Timmy Medical Brigades

- ✿ Teams of medical professionals (MD, RN, DDS, PharmD, EMT)
- ✿ College students
 - ✿ Spanish Interpreter
 - ✿ Vital signs
 - ✿ Fluoride treatment
 - ✿ Pill counting
- ✿ Local community health organizations



Timmy Medical Brigades

- ✿ Provide healthcare to people in low-income and resource-poor communities



Medical Brigade Goals



- ❁ Improve access to healthcare
 - ❁ Go door-to-door finding patients most in need



- ❁ Improve access to health education

Arriving in Quito



My Clinic Activities

- ✿ Problem focused H&P (20-30/day)
- ✿ Patient education



Refer patients to **Tierra Nueva Hospital** (ECG, X-ray, IV medications, Ultrasound)

Clinic Days



Clinic Days



Common Diagnoses

- ✿ URI
- ✿ HTN
- ✿ Osteoarthritis
- ✿ Gastritis/GERD/Abdominal Pain
- ✿ Parasitic infections → malnutrition
- ✿ Diabetes
- ✿ Headaches

Valuable Lessons Learned

- ✿ Deeper understanding and appreciation for other cultures
 - ✿ “Doctor, can I drink bull’s blood?”
- ✿ Improved confidence in my abilities as I transition from medical student to physician
- ✿ Be thankful for what you already have!
 - ✿ Heat, drinkable H₂O, toilet paper

Friends and Fun!



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Friends and Fun!



Get Involved with Timmy

- ✿ Increase underrepresented minority participation on medical brigades
 - ✿ IUSM SNMA students, residents
 - ✿ IU MAPS chapter students
 - ✿ Aesculapian Society physicians
- ✿ Donations to Timmy Foundation
 - ✿ Monetary
 - ✿ Prescription Drugs
 - ✿ Volunteer

More Information

✿ The Timmy Foundation

✿ www.timmyfoundation.org

✿ 22 E. 22nd Street, Indianapolis, IN 46202

✿ (317) 920-1822

✿ Matt MacGregor - Executive Director

THANK YOU!

- ✿ Dr. George Rausch - Associate Dean for Diversity Affairs
- ✿ IUSM Office of Diversity Affairs
- ✿ Dr. Mercy Obeime